

National Talent Development Programme



Calling junior archers under 20!

Do you want to improve your archery? Are you interested in progressing up the Performance Pathway? Sign up for the Archery GB National Talent Development Programme! Delivered in the North at Arrowhawks, York.

The **National Talent Development Programme** (NTDP) is an open, inclusive programme. All young recurve and compound athletes who are keen to improve, including those with disabilities, are actively encouraged to sign up.

Our team of experienced performance coaches will work with you to

- Analyse and develop your technique.
- Improve your strength and fitness for archery.
- Support you in planning a training and competition programme.
- Develop your knowledge of nutrition, psychology, equipment.

For further information see the Archery GB website/Performance Pathway or contact <u>Kath@arrowhawks.co.uk</u> tel 07590 466907